# **CAVE RESCUE ORGANISATION**

# RESCUE 22



Incidents attended during 2021



www.cro.org.uk Please take one, but donation appreciated!

Volunteers, saving lives above and below ground



Our thanks to www.lyon.co.uk for their continued support

### Volunteers, saving lives above and below ground in the Yorkshire Dales, North Lancashire and SE Cumbria

### Staying Safe

Our members are lucky to live in a beautiful part of the country and we want visitors to enjoy it as much as we do. The scenery is stunning but the weather can change quickly and a pleasant day out can soon turn to something more challenging. Being prepared for your trip can make the difference between enjoying the day and not doing so. You don't need to carry enough kit for a two-week expedition but there are some simple steps that can make all the difference.

- 1. Charge your phone it's tempting to use your phone throughout the day but make sure it has enough charge so that if needed you can use it to call for help.
- 2. Plan your route the pictures online might make it look easy but do your research; what is the terrain like, are there alternative routes if you need to change your plan? Take the correct map for your route, have a compass with you and make sure you can use them!

- 3. Check the weather conditions can change quickly and may be very different on the fells compared to in the dale bottom. Sites such as <a href="https://www.metoffice.gov.uk">www.metoffice.gov.uk</a> provide a valuable insight into the conditions that you may face. Remember getting too hot (Yes, it really can happen in the Dales!) can be just as dangerous as being too cold.
- 4. Have the right gear it doesn't have to be expensive but it does need to keep you warm and dry when it's cold and wet, or cool and covered when it's hot. Boots need to provide you with support and fit well; even a small blister can make for a miserable walk!
- 5. Leave 'due back' details let someone responsible know where you are going, when you expect to be back and what to do if you are overdue.

(continued on page 30)

### To save space, we have used the following ABBREVIATIONS

**BPMRT** Bowland Pennine Mountain Rescue Team

CPR Cardio-Pulmonary Resuscitation

CMRT Cleveland Mountain Rescue Team

CVSRT Calder Valley Search & Rescue Team

**D&FMRT** Duddon & Furness Mountain Rescue Team

**EOC** Emergency Operations Centre

FCR Force Control Room

GCRG Gloucestershire Cave Rescue Group

HART Hazardous Area Response Team (YAS)

LanCon Lancashire Constabulary

MFH Missing from home

'Misper' missing person

MREW Mountain Rescue England & Wales

MRSDE Mountain Rescue Search Dogs (England)

**NWAA** North West Air Ambulance

**NWAS** North West Ambulance Service

NYF&RS North Yorkshire Fire & Rescue Service

NYLRF North Yorkshire Local Resilience Forum

NYP North Yorkshire Police

PolSA Police Search Advisor

RAFLMRT RAF Leeming Mountain Rescue Team

RRV Rapid Response Vehicle (YAS)

**R&PMRT** Rossendale & Pendle MRT

**S&RMRT** Scarborough & Ryedale MRT

SMWCRT South & Mid-Wales Cave Rescue Team

SwMRT Swaledale Mountain Rescue Team

UWFRA Upper Wharfedale Fell Rescue Assoc'n

YAA Yorkshire Air Ambulance

YAS Yorkshire Ambulance Service

Cover photo: Swiftwater Team training at the Ingleton Waterfalls by Jake Stapleton.

In the description of each incident, which follows, an icon shows what the 'casualty' was doing, except in the case of 'local' incidents which are either 'Assist Ambulance' or 'Assist Police'.

### 'Mountain' incidents:







Cyclina

### 'Cave' incidents:





### 'Animal' incidents:





### 'Local' incidents:





'Alerts':-



Incidents without a number prefix are 'alerts'. where 'action' went little or no further than the CRO Duty Controller, with no 'boots on the ground'. A call is recorded as an 'incident' only when team members are called out and are at least en route.

### TOTAL INCIDENTS **ATTENDED IN 2021 = 90**

68 'mountain' incidents

'cave' / 'cave diving' incidents

10 'animal' incidents (4u/ard, 6 surface)

'local' incidents (team's MR skills applied in 'other' locations) plus 10 alerts for overdue walkers or cavers,

not requiring a call out. Total volunteer hours on incidents: 2883, plus 15 hours for alerts.

All incidents are in North Yorkshire unless otherwise stated.

### **Incidents During 2021**

### JANUARY

### 01. Jan. 10th Sun. 16.35 Ingleborough

Two visitors (m, f, 30s) were unable to find the way off from the Ingleborough summit shelter at dusk, in low cloud and on trampled snow and ice. A small team drove to the top of Fell Lane, Ingleton, then continued on foot with extra clothing and micro-spikes. Extremely cold, the pair were guided down to the Land Rovers and driven back to their car in Clapham. They had set off at 13.00hrs, wearing lightweight jackets and smooth-soled footwear, using Google Maps for navigation.

### 02. Jan. 15th Fri. 16.40 Whernside

A walker (m, 24) called for help, saying he was stranded on the summit of Whernside, couldn't find his way off and, because of his asthma, couldn't breathe. A small group of CRO members set off on foot and a controller telephoned the 'casualty', several times. Responses tailed off incoherently, so an air ambulance was requested. The weather was clear on Whernside, but air ambulances were fogged in at their bases, so NYP FCR staff were asked to request a Coastquard helicopter. A second party set off to Ribblehead to meet the helicopter, but then the hill party saw someone descending towards them. Having established that it was the casualty, they guided him to a team vehicle and the Ribblehead party stood down. As his condition seemed to be deteriorating, the casualty was deemed unfit to drive home, so a YAS paramedic was requested to re-assess him. The paramedic in the YAS RRV called in a road ambulance and the team stood down. Team members were of the view that the casualty's inadequate clothing and footwear contributed to his being so cold that he said his feet, legs and face were 'frozen' - hence he could hardly speak.

This QR code will take you to our website www.cro.org.uk



# Jan. 18th Mon. 07.45 North Yorkshire Local Resilience Forum – flood warning

Along with representatives of the other MRTs operating across the County, CRO's 'Silver' reps were alerted by the NYLRF to a flooding forecast ('Storm Christoph'). They put CRO's swift-water rescue team on stand-by and kept the situation under review from Monday through to Thursday afternoon, when the risk was perceived to have subsided and the team could stand down.

We are extremely grateful to Bibby's of Ingleton, who had agreed to provide a coach and driver, if the swift-water team was called to go out of area. Apart from the Land Rover and trailer for equipment, the alternative would have been for each member to take her/his car, travelling singly for Covid safety, but at greater risk when driving through water. Fortunately, this was not necessary.

### **FEBRUARY**

#### 03. Feb 4th Thu. 01.04 Malham Cove

NYP asked for CRO's assistance after they found a missing person (Sadly, deceased.) at the foot of Malham Cove. Team members searched an area at the top of the Cove for personal effects and carried the deceased by stretcher, then by team Land Rover to the road-head for handing over to the undertaker. **FATAL.** 

### MARCH

### 04. Mar. 16th Tue. 12.15 - Low Bentham

CRO members were called to assist YAS with an unresponsive person found by a dog-walker next to a field path near Low Bentham. YAS staff arrived to find that the 'casualty' was in fact very drunk. He got up and ran off before YAS could help him. Team members were stood down at the road-head.

# 05. Mar. 23rdTue. 15.32 – Mealbank Quarry, Ingleton

A pregnant ewe was seen on a ledge on the former quarry at Mealbank but was left for a day or two to find its own way off, as it became hungry. When this did not happen, the farmer asked for CRO's assistance. Unfortunately, the sheep was more frightened of its rescuer abseiling over the top edge than of the drop from high on the quarry face and leapt off. Sadly, it did not survive the landing

### 06. Mar. 31st Wed. 15.57 - Gordale Scar, Malham

A visitor (m, 69) was reported to have hit his head on a rock, near the waterfall at Gordale Scar. Members were called out, but stood down when YAS advised that their RRV paramedic had assessed the patient and was walking him gently back to the road ambulance.

### **APRIL**

# 07. Apr. 3rd Sat. 12.55 – B6479 road, South of Horton in Ribblesdale

While driving towards Horton in a team Land Rover, two CRO members came across a road traffic collision which had occurred only moments earlier. Driving a vehicle marked as an ambulance they felt obliged to stop and offer assistance until the statutory emergency services arrived. They provided care and pain relief to the injured motor-cyclist (m, 52) until he could be handed over to the YAS paramedics. After assisting with the transfer to the road ambulance, they continued on their way.

# 08. (same day) 16.52 - Fell Close, Chapel le Dale

A walker (f, 23) sustained an ankle injury on rough and boggy terrain. As she was unable to put weight on her injured leg, her companion rang the Police who called out CRO. After assessment by a team doctor, the patient was stretchered to the road-head and transferred to a friend's car for the journey to hospital.

# 09. Apr. 4th Sun. 14.59 – Hillside behind Stackhouse, Giggleswick

A cyclist (m, 18) complained of rib, face, shoulder and back pain after landing badly from a home-made jump. Arriving at the accident site, the YAS paramedics asked for CRO's assistance and equipment in order to immobilise the casualty and recover him to the road ambulance. These were taken to the site, guided by a local quad-bike rider. Once 'packaged' in the vacuum mattress and on a stretcher, the casualty was taken by team Land Rover down to the road ambulance, waiting in Stackhouse.









Your local family owned Coach Operator



# Coaches & Minibuses available for private hire

Ring: 015242 41330

Email: enquiries@bibbys.co.uk Website: www.bibbys.co.uk





# 10. Apr. 5th Mon. 15.13 – Swilla Glen, Ingleton Waterfalls Trail

YAS called CRO following a report that a child (m, 8) had a leg injury and was on the 'side of a cliff, waterfall at bottom, half-way up on rocky verge, stuck unable to get down, equivalent of 4 floors up'. With other members on stand-by and a report that someone was

trying to help, a CRO controller went to assess the situation before calling local team members. He found that the child and the person who was helping with a makeshift 'lifeline' had reached the top, so he led them down an easier way, leaving the child to receive attention from the YAS paramedics. Other members stood down.

### 11. Apr. 15th Thu.14.47 - Whernside

A paraglider (m, 54) launched from the summit ridge of Whernside, but immediately landed heavily, 200m down-slope, injuring his right ankle. As the first CRO members scaled the hill, the NWAA landed on the ridge. Paramedics scrambled down and packaged the patient before team members, assisted by passers-by, carried him up to the aircraft on a team stretcher, for the flight to hospital.

# 12. Apr. 17th Sat. 14.54 – Long Lane, Clapham

A walker (f, 74) fell on the rough surface near the top of Long Lane, Clapham, experiencing significant pain when she tried to stand. Having had both hips replaced in the past, there was concern about possible injury/damage. CRO members administered pain relief then assisted her into a team Land Rover for the journey down to Clapham, where a YAS road ambulance waited to take her to hospital for a check-up.

### 13. Apr. 18th Sun. 19.25 - Ingleborough

A family walking the Three Peaks split up, unintentionally, when the parents were too slow for their son (15) coming off Whernside. They decided not to continue the walk and sent for a taxi, only becoming aware that their son was continuing when the taxi driver told them that someone of his description had asked the way to Ingleborough. Back in Horton, they called NYP, concerned that he was not well equipped and might not find the way over and off Ingleborough to Horton, CRO 4 took a small group of team members to search the summit, then pairs of members followed different routes, looking for him. Another hill-walker told one searcher that he had directed a youth towards Horton from the summit. Eventually, he arrived in Horton about ten minutes ahead of the team member who was following the same route down. All was well and team members were stood down.

# 14. Apr. 25th Sun. 13.23 Quarry Wood, Ingleton Waterfalls Trail

A walker (m, 42) was reported to have broken his ankle after tripping on the return leg of Ingleton Waterfalls Trail. He was found by CRO team members towards the southern end of Quarry Wood, near to the bridge over the River Doe. After being given pain relief and having the suspected fracture splinted, he was carried down to Storrs Common in a wheeled stretcher, from where a team Land Rover took him to the roadhead for handing over to YAS paramedics.



#### Apr. 29th Thu.22.24 Malham Cove

NYP alerted CRO to a possible incident at Malham Cove. As a controller was discussing the situation with staff of the FCR, word was received that the incident had been resolved and no further action was required.

### **MAY**

### May 1st Sat. 23.30 - Ingleborough

regarding two Three Peaks walkers who had become separated from a bigger group after losing the path on Ingleborough. Reportedly, they had made their 999 call from a mobile phone with 1% battery. When the duty controller called the FCR, the group had just called back to say that all were re-united and on their way home.

M UWFRA forwarded an alert from NYP

### 15. May 9th Sun. 14.21 - Pen y ghent

A walker (f, 61) was reported to have taken a fall, breaking an ankle on the path down from Pen y ghent towards Hull Pot, near its junction with 'the old Three Peaks route'. As team members responded, YAS advised that an air ambulance had collected the patient and was flying her down to meet the road ambulance on Horton Playing Field. The team stood down.

# 16. May 14th Fri. 20.21 – Near Winskill Stones, Langcliffe

A visitor (m, 22) was scrambling along a ledge on Langcliffe Scar, near Winskill Stones, when he slipped and fell about 2m. He landed on both feet, injuring both lower legs. Team members worked with YAS paramedics to treat the injuries and provide some measure of pain relief, before stretchering him about 150m to a waiting road ambulance.

# 17. May 15th Sat. 13.12 - The Allotment, Ingleborough

A walker (f, 58) fell on the path from Simon Fell Breast to Sulber Nick, on Ingleborough, sustaining a deep gash just below her knee-cap. The call was originally sent to Swaledale MRT, who passed it to CRO when the location was clarified. CRO4 was driven from Clapham almost to the patient, while two Land Rovers, with more members, went via Crummackdale to the Nick Pot area. First members on scene assessed the patient and

put her into an insulated casualty bag, although her companions had made good use of the lightweight group shelter they were carrying. Other rescue equipment was taken from the Land Rovers and, once her leg was properly immobilised, she was stretchered down to one of them and taken off the hill. Her companions took her to a hospital near home for treatment.

# 18. May 18th Tue. 11.14 – Pillar Holes, Newby Moss, Ingleborough

Two local people, out for a walk, spotted a sheep on a ledge in one of the Pillar Holes on Newby Moss and called the duty controller. A small team drove all the way to the hole in CRO4 and rescued the sheep before releasing it onto the fell, unharmed.

## 19. May 19th Wed. 07.03 – Pickering Area, North Yorkshire

A man (59) was reported to be 'at risk', having been missing from home near Pickering since early evening on Monday. S&RMRT searched for him through Tuesday night, supported by CMRT and RAFLMRT. They were joined on Wednesday morning by small teams from CRO, SwMRT, UWFRA and MRSD(E) search dogs.

The man was not found and late in the day the teams stood down. Later the following day, he was found, safe and well, outside the search area.

### Quality Holiday Cottage INGLETON

Friday - Friday
Short breaks out of season only
For 2 people - parking - wi-fi
1 well behaved dog by arrangement
E mail: middlecottage47@gmail.com
Tel: 015242 41130

### 20. May 23rd Sun. 13.10 – Castlebergh Rock, Settle

A climber (m) fell from the top of Castlebergh. Two visitors, who had seen him fall, ran down and attempted CPR for about 15 minutes. When the first team member arrived, with a defibrillator, it told them not to shock the patient. The doctor and paramedics from two air ambulances, a road ambulance and YAS RRV confirmed life extinct. Once the necessary formalities were over, team members stretchered the climber down to a team Land Rover. **FATAL** 

Footnote: Although unsuccessful in resuscitating the patient on this occasion, the two visitors who administered CPR are to be commended for their attempt. It isn't everyone who can adapt from pleasant afternoon out to dealing with such an emergency, but perhaps everyone should learn how? For more, go to <a href="https://www.nhs.uk/conditions/first-aid/cpr/">www.nhs.uk/conditions/first-aid/cpr/</a>.



# 21. May 27thThu. 15.29 –Twisleton Scars, Chapel le dale

A climber (f, 23) fell about 10m from the Beezley Crack area of Twisleton Scar, taking her protection with her. She hit her head in the fall, but her helmet saved her head from injury. Although shaken, an ankle injury and general bruising were the only injuries evident when team members reached her. With her leg splinted and a mild painkiller administered, she was stretchered down to the YAS ambulance, waiting at the roadside.

Footnote 'Thank you!' to the instructors and Army recruits from Halton Training Camp, Lancaster for their enthusiastic support in carrying equipment up to the crag and assisting on the way back down

### 22. May 29th Sat. 23.26 - Three Peaks Walk

The manager of a hotel in Wharfedale expressed concern that two residents who had left to start the Three Peaks at 07.30, saying they would return for dinner by 20.00, had not returned. With no knowledge of their car's make or registration or their intended start-point or route and no response to PhoneFind, two team members set off to check car-parking sites. As they were doing this, a third member succeeded in speaking to the 'mispers' by telephone, discovering that they were safe and only about 15 minutes' drive from the hotel.

# 23. May 30th Sun. 08.08 - Mealbank Quarry, Ingleton

Having waited five days for a sheep to leave its ledge and wander up the quarry face to graze the field at the top, a farmer called for help. A small team lowered one member down to the ledge with a bag of sheep-nuts in one hand and a large canvas sack in the other. The shaking of the bag seemed to remind the sheep that it was hungry and, as it didn't like the look of its 'rescuer' or the sack, it scrambled rapidly up to the field at the top, to resume its grazing.

# 24. (same day) 15.37 – NearThornton Force, Ingleton Waterfalls Trail

A visitor (m, 37) slipped on the path below Thornton Force and fell, sustaining an extremely painful ankle injury. Team members gave pain relief, splinted the lower leg then carried him to a team Land Rover. This took him to the road-head to await a YAS road ambulance for the drive to hospital, while CRO returned his family to their caravan.

### 25. (same day) 19.38 - Pen y ghent

A walker (m, 54) slipped on the path from the top of Horton Scar Lane to Pen y ghent (below the bend to 'the miners' track'), sustaining an ankle injury, which he bore with stoicism, throughout. CRO 4 led the way up Horton Scar Lane, carrying a YAS paramedic and three team members. They drove all the way to the patient, while other members waited with the team Land Rovers at the top of the lane, in case more equipment was needed.

After assessment by the paramedic, the casualty's lower leg was splinted and he was assisted on to the back seats of CRO4. Back down at the top of the lane, he and his family were helped into a Land Rover and all returned to Horton. There, the YAS paramedics used a more compact splint so that the family could drive home and the patient could visit his local hospital.

### 26. (same day) 21.42 - Ingleborough

As team members were leaving Pen y ghent, NYP advised that two walkers (f, f) on the Three Peaks Walk had reported themselves lost but uninjured on Ingleborough, with daylight fading. NYP's FCR staff provided a location, which translated as being between Gaping Gill and Bar Pot, above Clapham. While most members who had been on Pen y ghent waited at CRO Base, in case they were needed, two members took a team Land Rover to the top of Long Lane (Clapham) and CRO 4 to the Bar Pot stiles, then walked to the lost pair. All returned to Clapham by vehicle before one team member took the two walkers back to Horton car park, on his way home.

Footnote: The path across the Ingleborough summit plateau divides into three at the eastern end. It is not uncommon for Three Peaks walkers who are unfamiliar with the area to turn right too soon and head due South to Little Ingleborough and Gaping Gill when they should continue East to find the path across Simon Fell Breast, towards Horton. Being driven back to Horton isn't completing the challenge!

# **INGLESPORT**

CLIMBING WALL











THE SQUARE - INGLETON - (015242) 41146 - WWW.INGLESPORT.COM

### 27. May 31st. Mon. 14.31 - Giggleswick Scar (South)

A climber (m, 27) is believed to have been descending around the side of the main climbing area on Giggleswick Scar (South) when he sustained a head injury, caused by a falling rock. His climbing partner called for help and administered what first aid she could on the steep, rocky, wooded hillside. The first team members on scene were very quickly followed by YAS paramedics and a doctor from YAA. After assessment by the YAS/YAA personnel, the casualty was put into an insulated 'casualty bag' on a stretcher and evacuated rapidly down the awkward wooded scree slope to the Golf Club car park, then across the road to the helicopter, waiting on the golf course. He was flown to hospital for further assessment/treatment.

### 28. (same day) 14.52 - Near Thornton Force, Ingleton Waterfalls Trail

As members were arriving at the Giggleswick incident (No. 27), the YAS EOC contacted CRO again, this time with a request to go to the aid of a visitor (f, 45) who had injured an ankle when she slipped on wet rocks, a little way below Thornton Force on the Ingleton Waterfalls Trail. Members were diverted from the Giggleswick incident and others from an 'awareness' event at Ribblehead. They immobilised the ankle then stretchered the casualty to a team Land Rover, which drove her to the Kingsdale road for transfer to a NWAS road ambulance.

### JUNE

### 29. Jun. 5th Sat. 15.18 - The Allotment, Ingleborough

A walker (m, 55) phoned for help, saying that he had collapsed, felt weak and had a pain radiating from the upper left-hand side of his chest. He had been walking alone but CRO was able to confirm his location at the edge of The Allotment on Ingleborough by using PhoneFind. Two team members drove to within 200m of the casualty in CRO 4 and when other members arrived by team Land Rover, his condition had improved markedly. He was carried a short distance by stretcher to a Land Rover in which he was driven to CRO Base and handed over to YAS paramedics.

### 30. Jun. 9th Wed.20.47 - Pillar Holes, Newby Moss, Ingleborough

A walker saw a sheep in the bottom of the entrance shaft of one of the Pillar Holes and e-mailed the CRO Secretary, asking for the farmer's name so he could investigate. Next day, a small CRO party walked along the line of shafts, finding one lamb in Fluted Hole and another in one of the Pillar Holes.. Both were rescued and turned onto the fell, apparently unharmed.

### Dogs - a helpful warning

Visitors are, quite rightly, exhorted to keep dogs 'on a lead or otherwise under close control' in the interests of protecting livestock. The tables can be turned, however. Cows can react badly to people - particularly people with dogs - who come between them and their young calves. Also, a group of young bullocks or even heifers can be excited by the presence of a perceived predator, so be wary of them and if they take too much interest, shoo your dog away, He/she has more chance of escaping injury than you do!

# 31. Jun. 14th Mon. 21.34 – Cowskull Pot, Adj. to Pennine Way, North of Horton in Ribblesdale

A farmer's wife left a message on CRO's Facebook, saying that a lamb could be heard near Cowskull Pot, on the West side of Pen y ghent. The following morning, a small party of CRO members found a rather heavy sheep in Cowskull Pot, hauled it to the surface and released it, unharmed, onto the fell.

# 32. Jun. 15th Tue. 15.23 - Great Douk / Sunset Hole area, Chapel le dale

Three cavers were reported overdue in one of the caves in the Great Douk / Sunset Hole area, having given a 'call-out time' of 15.00. As members were *en route* across the fell, it was discovered that they had emerged safely before 13.00, but failed to tell their safety contact. The team stood down.

### 33. Jun. 17th Thu. 15.33 - Riverside Path, South of Stainforth

A walker (f, 76) was reported to have collapsed while walking along the side of the Ribble, across from Hornby Laithe bunkhouse, Stainforth. Members scouting the exact location arrived just before a YAS paramedic in his RRV. When the patient was assessed, she seemed to be recovering, so she was walked gently to a stile, then sledged up a steep slope by stretcher to a team Land Rover. Escorted by the paramedic, she was taken to Settle Ambulance Station to meet a road ambulance for the journey to hospital.

### 34. Jun. 18th Fri. 13.52 - Whernside

A Three Peaks walker (f, 38) fell on the path to the summit of Whernside at the northern end of the ridge, sustaining a lower leg injury. A member of a neighbouring MRT provided a group shelter then called for help. A paramedic among the first CRO members to arrive suggested an air ambulance to save the patient the discomfort of a drive from the Blea Moor aqueduct to Ribblehead, so this was requested. The patient was kept warm and as comfortable as possible before being flown by helicopter to Ribblehead and transferred to a YAS road ambulance for the journey to hospital.

### (same day) 18.34 - Pen y ghent



YAS contacted the CRO duty controller after receiving an S.O.S. alert from

London Ambulance Service. This gave a mobile phone number and specified a location which translated as near Hunt Pot on the path to Pen y ghent, but no further useful information. While the duty controller was trying to work out what it all meant, YAS cancelled the call as the beacon alarm call had been sent in error.

# 35. Jun. 19th Sat. Mealbank Quarry, Ingleton

A sheep had appeared to be stranded on Mealbank Quarry for several days but was left to scramble off when it became hungry. On Saturday evening, the duty controller saw that it was still there, so arranged for a small team to go rescue it the following morning. They searched the quarry, to no avail; the sheep seemed to have self-rescued.

### 36. Jun. 20th Sun. Cowskull Pot, Horton in Ribblesdale

Another Facebook post asked CRO to rescue a sheep from Cowskull Pot, North of Horton. Team members returning from the previous incident diverted to Horton, but as they approached, the duty controller was called to say that friends of the farmer would be able to abseil in and recover the animal. The CRO members continued, 'just in case', but the sheep had gone.

Incident 34. You never know when a group shelter might be needed!





The patient was carried away by helicopter, but don't worry, we'll just carry our kit back down again.





# 37. (same day) 14.37 – Humphrey Bottom, Ingleborough

A Three Peaks walker (f, 43) slipped on the path above Sunset Pot on the way up Ingleborough, sustaining an ankle injury. A small team went up in CRO4, followed by a team Land Rover. Other members waiting at the road-head were not needed. With her leg splinted, the patient was taken down to CRO 4 by wheeled stretcher then driven to the road-head and transferred to a friend's car for the journey to their local hospital.

# Jun. 21st Mon. 16.28 - Southerscales Fell, Ingleborough

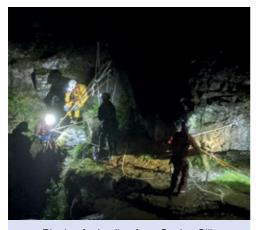
A walker, who had strayed unintentionally from the path, discovered a lamb stuck in mud 'in a big hole in the ground' on her descent over Southerscales Fell. She tried to pull it out, but it was stuck too firmly so she called NYP. As the duty controller was organising a small team to rescue the lamb, staff at the FCR established who the farmer was likely to be. He agreed to go rescue his sheep, so CRO members were stood down.

CRO's vehicle 'fleet' has, for several years, consisted of three Land Rover Defender 130s. This is CRO 4, our Honda Pioneer. Driver and passengers wear ear defenders, but it has a much lesser impact on the ground and can access a few places the others can't.



# 38. Jun. 23rd Wed. 20.51 - Gaping Gill, Clapham

NYP asked CRO to investigate when their home contact reported two climbers (m, 34: m. 34) overdue from a trip into Gaping Gill. Their vehicle was found in Clapham and thev were not found to be on the walk down, but GG was found to be rigged. Voice contact was made and the full team was called out. The climbers had abseiled down the main shaft with the intention of taking the rock climb route back out. Experiencing technical difficulties, they were unable to climb the route and waited on a small ledge about 40m down until assistance arrived. A CRO team member abseiled down to them, then a hauling system was set up and other members worked hard to pull the pair back up the main shaft.



Rigging for hauling from Gaping Gill, then hauling out the stranded climbers



### 39. Jun. 24th Thu. 12.22 - Top of Malham Cove

As members were cleaning the team vehicles and re-organising equipment after incident no 38, which closed at 02.39 hrs, a call was received to a walker (m, 54) who had fallen on the limestone pavement at the top of the Cove, sustaining a head injury. He was cared for by a passer-by (a retired nurse), until CRO's casualty carers arrived on scene. Their assessment concluded that the injury was a severe scalp laceration, so he was walked, very gently, to a team Land Rover, but with the option of a stretcher carry if he felt unwell.

As the Land Rover was transporting the patient to meet the YAS ambulance, at the road-head, the duty controllers' text alerts fired off again . . .

# 40. (same day) 13.52 – Plantation near Switchers Farm, Hellifield

Team members who had gone to the casualty at Malham drove to a farm near Hellifield after YAS received a report of a worker (m, 67) whose legs were trapped 'under a wall'. On arrival, it was found that two NYF&RS and two YAS vehicles were already on scene. It was also soon learned that the man, who was in woodland, had recovered sufficiently to walk, with assistance, to an ambulance, so the team stood down (and went back to finish clearing up at Clapham).

# 41. Jun. 26th Sat. 08.24 – Pen y ghent (last climb to summit)

A Three Peaks walker (f, 34) slipped on the last climb (the second tier) of the ascent of Pen-v-ghent, falling about 3 metres and landing on her hip. Locations given were variable, but members headed for Dale Head and Churn Milk Hole, then either walked all the way up or were ferried part-way up the hill in CRO4. Pain-relief was given to the casualty, her injuries were assessed and she was 'packaged' to protect her pelvis and spine before being loaded onto a stretcher. This was then taken, very carefully, off the side of the hill, down a steep grassy slope (rather than going down the rocky ascent path, against the seemingly endless flow of other walkers). Stretcher, casualty and a dozen team members arrived on the relatively level around of Fawcett Moor, just as YAA came in to land. After further assessment by the air ambulance



doctor, the patient was loaded into the helicopter for the flight to hospital. Team members returned to Churn Milk Hole for a de-brief and to re-pack equipment.

Footnote: Fortunately, despite extreme pain before attention from CRO's casualty carers and the air ambulance doctor's concern at her partial loss of sensation in one leg, X-rays at hospital showed that the patient had not suffered any fractures, just very severe bruising.



# 42. Jun. 27th Sun. 12.53 – Turbary Road, Kingsdale

A trail-riding motorcyclist (m, 60) caught his wheel in a rut, causing him to collide with a wall, while riding along the Turbary Road in Kingsdale. CRO members responded when the rider was reported to have arm and back injuries. After assessment and pain relief from a YAS RRV paramedic and a team doctor, the casualty was helped into CRO4 and driven down to the road near Hunt's Cross, where a YAS road ambulance was waiting to take him to hospital.









# (same day) 13.42 – Ledge over main shaft of Gaping Gill, Clapham

A CRO member, out leading a school group (his 'day-job'), saw a sheep apparently stranded on the ledge at the top of the main shaft into the Gaping Gill main chamber. He passed the information on but thought the sheep might 'self-rescue' if left. The following morning, the duty controller diverted his morning run to check the site, but the sheep was no longer there. Local farmers were gathering their flocks from the fell and it is assumed that the sheep had joined them.

### **JULY**

### 43. Jul. 3rd Sat. 11.46 – Between High Birkwith and Old Ing, Horton in Ribblesdale

A Three Peaks walker (f) was reported to have broken an ankle, between High Birkwith and Old Ing, North of Horton. A small team went to investigate, with other members asked to show availability. When the first team arrived on scene, the casualty was already in a YAS road ambulance, so everyone was stood down.

# 44. Jul. 5th Mon. 14.11 - Near Snow Falls, Ingleton Waterfalls Trail

A visitor (f, 63) felt unwell, dizzy and possibly dehydrated, soon after passing Snow Falls on the return leg of the Ingleton Waterfalls Trail. Her husband phoned for an ambulance and YAS alerted the CRO duty controller. When he spoke to the husband, he was told that the patient had been able to stand and would set off again, walking gently towards Ingleton. A small team went to investigate and assist, if necessary, reaching the patient at the same time as YAS paramedics. After being assessed, she was assisted, very slowly, to the road ambulance at the top of Thacking Lane.

# 45. Jul. 10th Sat - Near 'Tom's Cabin', Ingleton Waterfalls Trail

A visitor (m, 43) was reported to be fitting, on the Ingleton Waterfalls Trail, between Pecca Falls and Thornton Force. As team members neared the site, confirmation was received that he was at the 'Tom's Cabin' refreshment hut. He was fully conscious and no longer fitting. After assessment he was helped

the short distance to a team Land Rover and driven to meet a NWAS road ambulance. He later re-joined his family and the team stood down.

## 46. (same day) 14.51 - Gordale Scar, Malham

A sheep was reported to be seriously injured between the two waterfalls at Gordale Scar. Investigation by a team member found it to be one of this year's lambs with a wound, but no obvious fractures. It was lowered gently down to other members, waiting at the foot of the waterfall climb and taken to Gordale House for attention by the farmer.

### 47. (same day) 22.05 Ingleborough

An obviously distressed Three Peaks walker (f, 32) called NYP, saying she was lost on Ingleborough. Sound quality was very poor, then the call dropped out altogether, FCR personnel recorded that there had been an earlier call from the group she had been walking with, reporting that she 'got left behind'. CRO controllers were unable to contact the walker. nor was there any response to a PhoneFind message. Two members were tasked with reversing of the Three Peaks route and others were organised to go to the Sulber and Moughton areas, as suggested by the phone company's location system. However, the first pair found that the missing walker had just succeeded in reaching Horton car park, so other team members were stood down.

It later transpired that the other members of the walking group, having walked over Pen y ghent and Whernside, decided not to continue, leaving one determined to complete the walk. Having given the others a time at which to alert the emergency services, the lone walker continued, but became lost, as she used her phone for both navigation and communication before it died. Arriving in Horton, she was met only by CRO members, as her companions had gone home. She really had 'got left behind'! In this difficult situation, the management of Horton's Golden Lion very kindly offered to accommodate the stranded walker (free of charge), but just then a relative arrived (from an adjacent county) to take her home

### Jul. 15th Thu. 15.47 - Helwith Bridge

CRO were called out by NYP to assist with an incident where a car was reported to have been driven down a footpath, had gone over the edge of a cliff and was stuck against a tree some 15 metres above the ground. It was reported that, due to the position of the car doors, a person inside the vehicle was unable to get out and was becoming hot and dehydrated. CRO were stood down shortly afterwards when NYP confirmed that the trapped person was safely out of the vehicle.

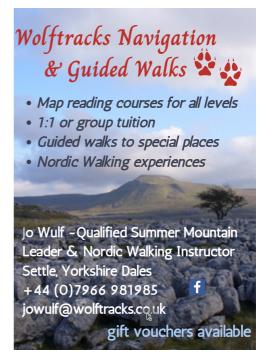
### 48. Jul. 17th Sat. 16.47 - Ingleborough

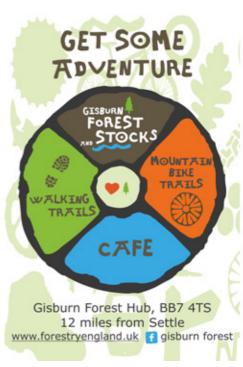
A walker (m, 18), taking part in a Three Peaks charity walk, was reported to have severe muscle cramps and heat exhaustion and to be unable to walk further. CRO team members located the walker at Humphrey Bottom on the Three Peaks route up Ingleborough from Chapel-le-dale. The poorly walker was in the company of an event marshal. As the ground was so dry, CRO team members were able to drive all the way to the scene in CRO4. The walker was assessed by team members and then transported back to the roadside. He was left in the care of the event marshal and other staff.

#### 49. Jul. 18th Sun. 15.10 - Whernside

A walker (f, 34), taking part in a Three Peaks charity walk, was reported to be suffering from heat stroke – feeling faint, with cramps and getting worse. She was on the ascent of Whernside, not far from Greensett Moss and in the company of event marshals. CRO team members assessed her and treated her for possible heat stroke / exhaustion. Her condition improved, initially, so it was decided to evacuate her in a wheeled stretcher, then by Land Rover to meet a YAS road ambulance at Ribblehead. During the stretcher carry, the walker's condition began to deteriorate, so the availability of an air ambulance was queried. YAA flew in from Leeds and took her directly to hospital.

**Text and pics** from Alison Haigh, Andrew McLeod, Andy Colau, Dave Halsall, Em Lonsdale, Jake Stapleton, Jo Wulf, Mark Nuttall, Meatball's Dad, Phil James, Phil Nuttall, Rae Lonsdale, Simon Johnson, Simon Oxley, SMWCRT, Yorkshire Dales Guides and Zavnab Joqi.





# 50. (same day) 15.30 - B6479 road, near Horton in Ribblesdale

CRO team members, *en route* to incident number 49, were among the first on scene after a traffic incident on the B6479 North of Horton. They found a motor-scooter rider lying in the road – no other vehicle was involved. Having recognised the seriousness of the chest injury that the rider had sustained, CRO team members supported him until an event paramedic arrived from a sponsored walk. They continued to give assistance until the arrival of YAS and YAA. CRO team members also assisted with traffic control and carrying the injured rider to the air ambulance.

### 51. Jul. 19th Mon. 14.51 – Gate Cote Hill, Ribblehead

A Dales Way walker (f, 64) was stopped short when she slipped and heard her ankle crack. She said that she did not need an ambulance, but could neither stand nor walk further. She and her companion gave a good description of their location and were easily found by the team. A team paramedic suspected an ankle sprain. The ankle was supported with a vacuum splint and the walker was carried a short way by stretcher to meet a CRO Land Rover at High Gayle Farm. After a short ride down the farm lane, both walkers were taken in a team member's car to their pre-booked evening accommodation, from where they intended to arrange for a family member to collect them.

# 52. Jul. 23rd Fri. 14.51 – Swine Tail, Ingleborough

A walker keyed 999, telling NYP that two other walkers were calling for help. that he was on the Swine Tail and he was heading towards the pair to investigate. The duty controller was unable to call the reporting party back\*, so there was no further information. As members began responding, a strange message was received from YAS: it included only a house address in Ingleton and the words 'peak of Ingleborough . . . . female fitting'. This was ascertained to be the same incident. An air ambulance flew in, landing about 40m from the casualty, just as the first CRO member also arrived there. The casualty, who had been in and out of consciousness, seemed to be improving. so team members assisted in carrying her to

the helicopter, while others waited on the lower slope, in case they were needed. The patient was flown to hospital and the team returned to the road-head

[\* Perhaps the call used 'Emergency Roaming', a facility enabling 999 calls to be made on a different network when the user's own network allows no signal? Unfortunately, in this situation it is not possible for anyone to call back.]

### 53. Jul. 25th Sun. 14.59 – Gorbeck Road, Langeliffe

A walker (f, 26) was reported to have 'fallen and passed out' on the 'Settle Loop' of the Pennine Bridleway, above Langcliffe. Two team members and a YAS ambulance crew were able to reach the casualty in CRO4. After an initial assessment (suspected heat exhaustion) by the paramedic, she was taken in CRO4 to the road ambulance for further assessment. Other team members who were waiting at the road-head were stood down.

# 54. Jul. 31st Sat. 13.03 – Approaching summit of Whernside

A Three Peaks walker (m), high up on Whernside, was reported to have dislocated a knee. As members were assembling near the Blea Moor aqueduct, the air ambulance was able to land close to the casualty and effect his rescue with assistance only from other walkers already on site. Team members stood down.

Gift Aid gives an important boost to your donation, at no cost to you, as explained on page 17, opposite. Completing and returning the page to our Treasurer is the original way to do it, but if you don't want to be posting a cheque and paper form, just point your smartphone at this Local Giving QR code and take it from there. Most agencies that offer to do the admin and claim the tax back for CRO make a charge.

Local Giving is different. It is, itself, a charity that helps other charities and makes no charge for claiming the tax refund on our behalf. Great, isn't it? (https://localgiving.org)



### **Cave Rescue Organisation Charity Gift Aid Declaration**

single or multiple donation (complete as appropriate)

### Boost your donation by 25p of Gift Aid for every £1 you donate

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

In order to Gift Aid	your donation(s) you	ou must tick one of	f the
boxes below:			

I want to Gift Aid my donation of £ and any donations I make in the future or have made in the past 4 years to:

### Name of Charity: CAVE RESCUE ORGANISATION

I am a UK taxpayer and understand that if I pay less Income Tax and/ or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My Details	First many add	:: : : : (-)	
Title Surname	First name or ir	nitiai(s)	
Full Home address			
Postcode	Da	ite	
Please notify the charit want to cancel this declar		ır name or	home address

no longer pay sufficient tax on your income and/or capital gains

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

I want to Gift Aid my single donation of £ to:

Please send this completed form to: The Treasurer, Cave Rescue Organisation Clapham, via Lancaster, LA2 8HH

### **Ogof Ffynnon Ddu**

The Ogof Ffynnon Ddu complex ('OFD' to most cavers) is the third biggest cave system in Britain, with a total passage length (currently) of about 61km beneath the hillside of the Upper Swansea Valley of South Wales. There are three entrances - Top, Bottom and Cwm Dwr. Although the accident resulting in incident number 84 occurred nearest to Cwm Dwr. SMWCRT's experience suggested that this was too tight and tortuous for a stretcher carrying someone with serious injuries, so he would be brought out via the Top Entrance. On the surface, the two entrances are little more than half a mile apart; underground it is a different story – a story taken up by Andrew McLeod.

By chance, my partner and I (both CRO members) were down staying at the caving club hut, above OFD, taking new cavers into the nearer reaches of the system when the accident happened in a different part of the cave. As we walked down the hill back to the hut, sometime after 3pm, we were passed by a small group, telling us there had been a rescue callout. Once back at the hut and still in our caving gear, we signed in to offer our assistance...

We were soon sent in through the tighter Cwm Dwr entrance (the same as the casualty used to enter the cave) as other rescuers began



to arrive. A first group had already been sent in with first aid gear and cave radios to help locate the casualty, begin treatment and feed information back about what was needed. Getting information to and from the control, so that the correct equipment and personnel can be sent to the right places at the right time, is critical in the management of a large incident like this

We went in with rigging gear to put safety ropes on the small climbs on the route to the casualty, as large numbers of rescuers would no doubt be following later. We then made ourselves useful assisting with the radios or passing messages between the first aid team and the cave radio operators. Following initial communication difficulties, I offered to run back out of the cave system carrying messages, as I know the cave fairly well. After bringing my message back to the controllers



and grabbing a snack to eat, I was sent back in with another group with oxygen cylinders and other needed equipment.

As we waited near the casualty, more team members from local teams started appearing in groups, carrying bags of equipment. Before the casualty could be evacuated, the passages ahead needed to be prepared with rigging equipment and ropes. Groups to assist started to appear at regular intervals. I was relieved at around midnight, and I believe soon after this the casualty began one of the more difficult sections of the evacuation into the larger passages on the normal Cwm Dwr route to the streamway and beyond.

I headed back to the hut for brief sleep before being sent back in at midday on Sunday. As I slept, further groups of cavers were heading into and out of the cave to assist. Caving is a small community and there were many faces I recognised from rescue teams across the country, all of whom had come voluntarily to do what they could to help. Teams were being called out at specific times to ensure that the rescuers would be spread out as it was clear from the very beginning this would be a long rescue.

When I headed back in, the casualty was almost at the start of the streamway, with significant numbers of cavers in each group. Our 12pm group relieved the 6am group; later the 3pm group relieved the 9am group before the 6pm group. The whole process was fantastically organised, sending large numbers of cavers in and out on a regular schedule but also ensuring rescuers were not exhausting themselves as they would, no doubt, be needed later!

Stretcher carries like this can require a lot of people; in many places carrying the casualty was difficult or impossible and instead the passage was lined with rescuers and the casualty passed along between or over them. We also had loads of equipment, with a lot of bags following us up the streamway, containing first aid gear, oxygen cylinders, plus food and comforts for the rescuers. A big rescue like this a major logistical effort;



the stretcher may not have been moving that quickly, but we were a long way from the surface if something was missing or forgotten.

I was unable to head back in on the final day, as I had to return up North, but I was replaced by a large contingent of fellow CRO team members who assisted with the final part of the rescue. By calling out the Northern teams later in the rescue, large numbers of fresh cavers were available to relieve other teams for the last big push. Finally, we heard the news on the Monday night that the caver had made it out of the cave, was safely in hospital and all our hard work was absolutely worth every second.

Original text by Andrew McLeod Photographs courtesy of SMWCRT



### REMEMBER - GIFT AID IT!

Any donation you make to our charity, be it a regular or one-off payment, can benefit us by up to 25p more for every pound you donate if you complete a Gift Aid Declaration form.

The Cave Rescue Organisation is a Registered Charity, number 241091

**%**------

### **Set Up A Standing Order**

### **CAVE RESCUE ORGANISATION - BANKERS ORDER (22)**

To:	The Manager, Bank
	Address:
	Post code:
	Sort code: Account number:
	Name of account to be debited -
	Please enter details of your bank and account above
Please	pay annually/monthly (*) the sum of £ (amount in words -
	) to Cave Rescue Organisation commencing on the
	y of(month)(year) until further notice.
	(*) delete as appropriate
	Date
	ss
	Details of account to be credited
Bank -	Lloyds TSB Bank plc, 5 Hargreaves Street, Burnley, Lancashire BB11 1EN
Sort cod	le: 30-11-48 Account number: 00935977 A/C Name: Cave Rescue Organisation
	Please quote reference number:

This authority cancels any previous authority in favour of the payee.

Would you please acknowledge receipt of this authority.

Please do not send this form direct to your bank. When completed please return it to - The Treasurer, Cave Rescue Organisation, Clapham, via Lancaster LA2 8HH.

### **AUGUST**

# 55. Aug. 1st Sun. 16.08 – Snow Falls, Ingleton Waterfalls Trail

A visitor (f, 17) was reported to have fallen and twisted her ankle on the return leg of the Ingleton Waterfalls Trail, between Baxengill Gorge and Snow Falls. Team members carried her to the family's car and gave her into the care of her parents.

# 56. (same day) 20.48 - Fell Close, Ingleborough

Two walkers (f, 38; f, 35), one with an ankle injury so she could only hobble, reported themselves 'lost, in a field with sheep', although they could see the railway and both roads to Ribblehead. A small group of team members was able to drive almost to the walkers in a team Land Rover, assist them to it, then return them to their car in Horton.

# 57. Aug. 2nd Mon. 17.54 - Near Snow Falls, Ingleton Waterfalls Trail

A visitor (f, 40) fell on the return leg of the Trail, sustaining leg and head injuries. When the ambulance crew members were unable to find her, YAS called the CRO duty controller. Team members soon found the casualty, assessed her, provided pain relief and carried her by stretcher to the YAS road ambulance.

# 58. Aug. 3rd Tue. 14.44 – Lower Quarry, Storrs Common, Ingleton

A climber (f, 32) fell from a route on the lower quarry face at Storrs Common, sustaining lower leg injuries. A YAS crew was on scene and an air ambulance was *en route* when the CRO duty controller was called. Paramedics, having treated and 'packaged' the casualty, were assisted by team members to transport her to the road ambulance on a CRO wheeled stretcher.

# 59. Aug. 6th Fri. 17.14 - White Scar Cave, Ingleton

A visitor (f, 20) slipped, while about 300m into White Scar Cave, sustaining a lower leg injury. Show cave staff assessed and treated the casualty's injured leg but were unable to evacuate her from the cave. Having splinted her leg, CRO team members lifted her onto a wheeled Titan confined-space stretcher and brought her out to the cave entrance. Having handed the patient over to the YAS paramedics,



Self-catering accommodation for 20 in a stunning location Individuals, couples and small groups welcome mid-week Weekends, sole-use, 2 nights minimum



Spacious upstairs open-plan kitchen, dining & lounge area, is also perfect for our workshops. Full details on website.



Daytime hire for events, meetings, art & crafty groups Broadrake Chapel-le-Dale Ingleton North Yorks. LA6 3AX www.broadrake.co.uk 015242 41357 info@broadrake.co.uk

team members were treated to refreshments at the show cave cafe.

# 60. Aug. 7th Sat. 11.45 – High Birkwith area, Horton in Ribblesdale

A Three Peaks walker (f, 37) slipped on the descent from Pen y ghent, sustaining an ankle injury. She was assisted to the gate above High Birkwith Farm and NYP was asked to call CRO. As it happened, two team members and a team Land Rover were at Ribblehead 'awareness raising', so they drove round to Birkwith. The casualty was assessed, splinted and given pain relief, then helped into the vehicle and driven to Horton.

Eventually – when family, car and car keys (recovered from Ribblehead!) were re-united – they took the patient to hospital on their way home.

#### 'Meet the team' in 2022:

21st May CRO Ingleborough Challenge, 2nd June Austwick Cuckoo Festival, 16th July Ingleton Gala,

23rd July Clapham Street Fair, 27th August Malham Show,

3rd September Bentham Show.

#### Incident 61

People always find new ways of going astray on the Three Peaks, despite the path erosion and repairs. Working out how they did it is a regular pastime for our duty controllers. Here, a local walk leader sketched it out. Start at Chapel le dale, then on to Ingleborough. 'O' was the plan; 'X' was the reality.

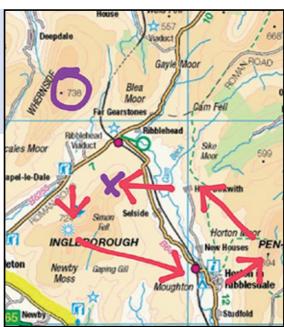
# 61. (same day) 19.04 – Simon Fell, Ingleborough

Three walkers (m, 20, 20, 18) reported themselves lost in thick mist, heavy rain and strong wind while attempting to walk the Three Peaks. NYP were able to provide a grid reference which placed them on Simon Fell, to the NE of Ingleborough. Having called out team members to go to Chapel le dale, the duty controller was able, eventually, to speak to one of the 'mispers' and give directions to begin the descent towards Chapel le dale. Meanwhile, with most members held at the road-head, a small group took CRO4 up to High Lot to meet the walkers and return them to their car at Chapel le dale. (see map).

# 62. Aug. 15th Sun. 08.45 -Pen y ghent, between Hull Pot and Horton Scar Lane

A visitor (m, 31), staying at the campsite in Horton in Ribblesdale, went for a late evening excursion towards Pen y ghent, but fell somewhere near Hull Pot, possibly around 23.00 hrs on Saturday. CRO controllers received an alert at 08.45 on Sunday saying that the misper had fallen, with unknown injuries at an unknown location on Pen y ghent. Just as a PhoneFind message failed to locate him (His phone's privacy settings did not allow location sharing.), NYP received a call from some Three Peaks walkers who had come across him and provided an exposure blanket. They also confirmed the location as being just beyond the top of Horton Scar Lane.

Three team members were able to drive to the casualty in a team Land Rover. The casualty carer's initial assessment was a displaced ankle fracture, a deep gash just above the knee, a head injury and stage 1 (mild) hypothermia (It had rained overnight.). Having splinted the injured leg and put the casualty into an insulated 'cas bag', the team helped him into the Land Rover and



drove him down to Horton car park for handing over to YAS paramedics.

# 63. Aug. 18th Wed. 12.13 – NearThornton Force, Ingleton Waterfalls Trail

A visitor (f, 29) slipped, twisting her knee, while stepping from boulder to boulder just below Thornton Force. After assessment by the team doctor (Sprain rather than dislocation or fracture.), her leg was splinted by YAS paramedics. Team members helped her to walk gently about 200m to a team Land Rover for the drive to the road ambulance.

# 64. (same day) 17.27. Near Snow Falls, Ingleton Waterfalls Trail

Conflicting reports of multiple casualties falling in a river, resulted in YAS paramedics in a RRV, a road ambulance and two YAA helicopters plus NYP and 17 CRO team members with two CRO Land Rovers converging on the Snow Falls area of the Ingleton Waterfalls Trail . Investigation showed that there were only three visitors involved and that no-one had fallen in the river, as first reported. It seems that one visitor (m, 46) slipped while carrying his daughter (6) and they fell down the bank towards the river's rocky edge. The third member of the family – a nurse – then slid down the bank to give



Serving local hand pulled ales and an extensive menu of quality home-made food sourced from local produce.

6 en suite letting bedrooms and bunk houses for up to 20 people.

Providing a warm welcome and proud to support the essential work of the Cave Rescue Organisation.



assistance. The first paramedic on scene, having found that the three were all conscious, breathing and at minimal risk, went downstream to find further casualties, but there were none. The CRO team doctor organised the triaging of the family and team members assessed them for injuries. While the female members of the family sustained only bruises and grazes, so were able to walk, the man suffered a head wound and a suspected fracture to one leg. After being splinted and 'packaged', he was taken by stretcher to the road ambulance waiting on Thacking Lane.

# Aug. 23rd Mon. 16.39 – Gordale Scar, Malham

A walker was reported to be having difficulty with his dog, which was described as 'panicking', near the top of the lower fall in Gordale Scar. When the duty controller phoned the reporting person, he was told that other walkers had helped the walker and dog up to safety, so CRO's assistance was not needed.

# 65. Aug. 20th Fri. 10.06 – Mealbank Quarry, Ingleton

A farmer had seen one of his sheep, apparently stranded on a ledge of Mealbank Quarry, on Sunday. He kept trying to tempt her back to safety by shaking a bag of sheep nuts but eventually asked for CRO's assistance. A small team set up an abseil and one member descended. His arrival on her ledge was sufficient motivation for the sheep to overcome any acrophobia and she scrambled safely to the floor of the quarry, then returned contentedly to the pasture.

Our sincere thanks to all who have helped CRO, in any way, during 2021.

Please mention Rescue 2022 when you support our advertisers, as they have helped pay for this publication.

# 66. Aug. 22nd Sun. 13.45 – Above Catrigg Force, Stainforth

A walker (m, 80) collapsed near the top of Catrigg Force waterfall. After a thorough assessment by a CRO casualty care trainer, he was helped into an insulated casualty bag on a stretcher and carried to a team vehicle. This took him to Settle Ambulance Station where he and several team members waited for an ambulance which would take him to hospital.



@caverescueorg



Cave Rescue Organisation

67. Aug. 26th Thu. 21.32 - Ingleborough

A family of six (2 adults & 4 children) reached the summit of Ingleborough intending to follow the path to Horton in Ribblesdale to complete their Three Peaks Walk. When darkness came, they told the Police that they were lost. Their call went via a mobile phone mast in Lancashire and the Police calculated that they were on the Southwest side of the hill. CRO team leaders were able to contact the family by phone but were able to ascertain only that the family had the wind on their backs and could see the light glow of what seemed to be a large village ahead of them. Two CRO teams went out and quickly located the family on the path from the summit down to Ingleton. Cold, but otherwise safe and well, they were escorted down to Crina Bottom from where a CRO Land Rover brought them off the hill. As it was quite late, they were given a lift back to their car in Horton.

# 68. Aug. 28th Sat. 14.58 - Near 'Tom's Cabin', Ingleton Waterfalls Trail

A young person (f, 13) twisted her ankle on a day out on the Waterfalls Trail with her family. They tried to carry on walking but called for help when she appeared to faint a couple of times. The family was found near to the refreshment cabin before Thornton Force. The casualty was attended by the CRO team doctor and carried a short way by stretcher to a team Land Rover. After a short drive across fields, she was checked again by YAS paramedics and released into the care of her family.

# 69. Aug. 30th Mon. 13.42 – Near Beezley Falls, Ingleton Waterfalls Trail

CRO members were called to assist a walker (f, 60) with a head injury sustained from a fall on the Ingleton Waterfalls Trail . The first member on scene found that the casualty was already in the care of YAS paramedics at Beezleys Farm. They confirmed that CRO members could be stood down.

### **SEPTEMBER**

# 70. Sep. 6th Mon. 17.48 – Three Peaks Walk, Ingleborough?

A Three Peaks walker (m, 28) was reported overdue/missing, seven hours after last being seen on Pen y ghent. He had

been walking too slowly for his companion who went ahead without him, trying to catch up with the faster two out of their original group of four. The 'companion' caught up with them on Whernside and the three returned to the Station Inn at Ribblehead, then hitch-hiked back to Horton before calling the Police to report their fourth member missing. Neither NYP nor CRO could make telephone contact with the misper, but as a search of routes on and around Pen y ghent was beginning, the misper phoned his former companion to say he was just leaving Ingleborough, so the team stood down. He was keeping his phone switched off to save battery and his next call said he was approaching Gaping Gill. His companion told him to stay there, assuming that CRO members were already on the hill looking for him. The team sent CRO 4 to Gaping Gill but he wasn't there so others began to look on other routes. Other walkers, met near Beecroft Hall (Horton), said that they had met the misper heading back down the hill back towards Chapel le dale. A quick check, by road, found the misper safe and well in the Station Inn. He was then taken back to CRO Base at Clapham where he was reunited with his companion. All the confusion had been made worse by the misper's battery conservation attempts as, each time he called his companion, he gave a rapid report then switched off before the CRO controller could speak to him.

# 71. Sep. 11th Sat. 20.52 – Descent from Ingleborough towards Horton in Ribblesdale

A group of tive (1 x 111, + x 1, --was reported 'lost on the final peak' of the
Three Peaks Walk. Although NYP elicited
their location at the time of the call (at the top of
Sulber Nick), the duty controller was unable to
get through to any of their three mobile phones,
so was unable to guide them off the hill verbally.
While one team member walked in from Selside,
two drove up to the Beecroft Hall track in a CRO
vehicle. Then telephone contact was made and
lights could be seen coming down the path. Two
of the 'mispers' were happy to walk back down to
Horton with a CRO member, while three who were
really suffering were driven back in the team Land
Rover.

Footnote: The five walkers had set out as part of a larger group, but the others had been moving much faster, so the group split into two on Pen y ghent. Unfortunately, the fast group took the only maps. The 'slow' group had some head torches, but were not always able to see the path surface safely on the descent from Ingleborough. It is to their credit that this group stayed together. Had they not done so, the consequences might have been more serious.

# 72. Sep. 12th Sun. 15.17 – Gordale Scar, Malham

A walker (f, 37) was reported to have fallen, with a head injury at 'top of

rocks 1/4 mile past Gordale Farm Gordale Scar', but YAS had been unable to obtain a better fix as the call kept dropping out. CRO could not return the call or acquire a location using the PhoneFind app, so team members headed to both top and bottom of Gordale Scar. However, before they arrived on scene, the duty controller was able to speak to the original caller as she and her injured companion had walked out towards the farm and met the YAS ambulance crew. The team stood down. It is understood that the walkers had been descending the waterfall scramble and the fall had occurred near the bottom.

### 73. Sep. 15th Wed. 15.32 - Malham Cove

A visitor (m, 46) was reported to have fallen, a third of the way up the steps to the top of Malham Cove.

He was unable to stand or put any weight on one leg because of a knee injury. After attention from YAS paramedics, he was helped on to a stretcher and CRO members, assisted by the paramedics, carried and sledged him down to the foot of the steps. He was helped into a team Land Rover and driven down to Town Head for transfer to the waiting YAS road ambulance.



# 74. Sep.21stTue. 11.20 - OffThwaite Lane, Austwick

YAS called CRO when a walker (f, 45) was reported to have been 'trampled by cows' in a field, just off Thwaite Lane, between Clapham and Austwick. When the first team members arrived, they found two road ambulances and an air ambulance already on scene with paramedics assessing the patient's injuries and giving pain relief. While the rest of the team stood down, those on scene assisted with loading the patient into the helicopter.



# 75. (same day) 19.05 – Descent from Ingleborough, Horton in Ribblesdale

A Three Peaks walker (f, 22) was reported to have fallen, sustaining an ankle injury, on the descent from Ingleborough towards Horton. One companion remained with her, while the other members of their larger group continued. As they were nervous about nearby cattle, NYP advised them to take shelter a little way off the route. Two CRO members took a team Land Rover in from Selside towards 'Sulber Crossroads' to meet the casualty and her companion. They administered pain relief, splinted the ankle and helped the patient into the vehicle. She and her companion were driven down to Horton to re-join their compatriots, who would take her to hospital.

# 76. Sep. 28th Tue. 13.53 – 'The Hope Line' (mountain bike trail), Gisburn Forest, Lancashire

Finding himself short-handed after a mountain biker (m, 38) was dismounted in a collision with a tree near Hesbert Hall, the team leader of BPMRT called CRO for support. Team members attended and when NWAS paramedics had assessed and treated the casualty, who had been unconscious and sustained suspected arm and collar-bone fractures, they assisted with carrying him to the road ambulance.

### **OCTOBER**

# 77. Oct. 9th Sat. 12.07 - Long Mires, Pen y ghent

A runner in the Three Peaks Race (f, 50) sprained an ankle on the descent from Pen y ghent towards High Birkwith and was understood to be 'one mile from Birkwith'. In the belief that she was on the Sell Gill to Greenfield bridleway, two team members drove CRO4 along that route, but then Race Control was informed that she was just above High Birkwith Farm. Two more members collected her from near the farm in a team Land Rover, returning her to Race Control.

# 78. (same day) 13.20 – Swine Tail, Ingleborough

Descending from Ingleborough towards Horton, a runner in the Three Peaks
Race (m, 39) took a fall, sustaining a deep wound just below the left knee. The initial report

put him on Simon Fell Breast, so two team members stationed on the summit descended to give assistance. Other team members, who were based on the event field, drove up from Selside to Nick Pot. by which time it had been discovered that the injured runner was just at the bottom of the Swine Tail, almost two and a half kilometres away. The first members on scene reduced the bleeding and covered the wound but as movement prompted further bleeding, a stretcher carry would be required,. When more equipment arrived, the patient was helped into a casualty bag, lifted onto a wheeled Titan stretcher and trundled gently back to the vehicles. Still on the stretcher (minus wheel!), he was loaded into the back of a team Land Rover and driven back to Bace Control. After a brief re-union with his family, he was transferred to the YAS road ambulance for the journey to hospital.

# 79. Oct. 19th Tue. 12.53 – Kettlewell area, Upper Wharfedale

A walker (m, 74) was reported overdue from a walk beginning at about 09.00 on Monday. NYP found his car in Kettlewell and after carrying out its own enquiries continued searching and called out UWFRA at 02.57 on Tuesday. UWFRA later called in RAFLMRT, CRO and SwMRT, plus a Coastguard helicopter to assist. Low cloud hampered searching by helicopter and searchers on foot were treated to thick drizzle and very gusty rain showers. By dusk, no-one had been found and the teams stood down for the day. Searching began again on Wednesday morning (to be continued).

## 80. (same day) 19.19 - NearTop of Malham Cove

Two walkers (f, 50s) reported themselves lost in the dark, having walked up to Malham Cove. NYP ascertained their position from their mobile phone and passed the information to CRO. While other members of the team were put on stand-by, the duty controller and three other members, returning to Clapham from incident no 79, diverted to Cove Road, Malham. Three team members walked across to the missing pair, then escorted them back to the road-head.



Mark Schofield, Alison Haigh and the rest of the team can help with all of your financial needs.

Settle office: 01729 823755

# 79. (continued). Oct. 20th Wed. - Kettlewell area, Upper Wharfedale

Eleven team members returned to Upper Wharfedale to continue the search for the missing walker. The local team (UWFRA) was also supported by NYP PolSAs, RAFLMRT, SwMRT and CVSRT, plus air assets, together with local farmers and gamekeepers. Sadly, the missing walker was still not found (to be continued)

#### 81. Oct. 21stThu. 12.32 - Malham Cove

Following a report of someone having been seen to come off the top of Malham Cove, YAS dispatched air and road ambulances, a RRV and its HART (based near Morley), also alerting CRO. Having determined 'life extinct', the YAS personnel were departing as the first CRO member arrived on scene. HART was stood down en route. Team members assisted a local Police officer in searching the immediate area for any personal property or 'evidence', high up on the steep slope beneath the East Wing of the Cove. The deceased was stretchered down the grass and scree slope, then across the beck to a team vehicle. This took her down to Town Head Farm, to wait for the undertaker. FATAL

# 79 (continued). Oct. 23rd Sat. – Great and Little Whernsides (Coverdale / Upper Nidderdale)

Seven team members returned to the Great and Little Whernside area, this time into Coverdale. They joined a concerted effort to find the missing walker by MRTs from across North and West Yorkshire and search dogs from across northern England from the Lake District to the Peak District. Despite this massive effort over wet and rough terrain, the walker was still not

found. Sadly, he was found, deceased, by a gamekeeper, near Coverhead Farm on Monday 25th October. Initial reports suggested that he may have fallen from rocks. **FATAL** 

# 82. Oct. 30th Sat. 22.57 - Ribblesdale on the descent from Ingleborough

A group of nine Three Peaks walkers reported that they had been lost for about two hours on the descent from Ingleborough. NYP provided the CRO duty controller with Lat/ Long and advised that members of the group were all very cold, running out of water and not appropriately dressed for the conditions, although they did have torches. A small group of local members, including one who had to walk only a short distance from his own door, soon found the group between South House and Borrins, while team vehicles were available to re-unite them with their own transport.



Where's CRO 3 going? See incident no 84, over the page.

### **NOVEMBER**

### 83. Nov. 7th Sun.10.34 -Pen y ghent

Having dispatched an air ambulance and a road ambulance, YAS called CRO to a walker (f, 33) who had fallen on the descent from Pen y ghent towards the top of Horton Scar Lane, sustaining a facial injury and a deep scalp wound. When the first team members arrived at the casualty site, the patient was being treated by paramedics. She was then assisted to the helicopter and flown down to Horton playing field for transfer to the road ambulance. The first CRO Land Rover brought the casualty's partner and dog down to Horton; the second, having been held back in the village, was returned to Base.

### 84. Nov. 8th Mon. (Called at 16.00 on Sunday) Ogof Ffynnon Ddu, Powys

Mark At lunchtime on Saturday, a caver (m. 38) fell about 8m, sustaining multiple injuries, in the cave complex of Ogof Ffynnon Ddu, near Penwyllt, at the head of the Swansea Valley, South Wales. SMWCRT, realising the potential scale of rescue required, immediately called in GCRG, then, over the next thirty hours, gradually called in cave rescue teams from further North. CRO and neighbours UWFRA were called at 16.00 on Sunday with a request for underground members to travel to South Wales overnight or the following morning. 18 CRO members (including associate members\*) participated in shifts of a long and strenuous stretcher-carry, up the stream-way, with the casualty being brought to the surface at 19:45 on Monday. A SMWCRT Land Rover then took him to meet a road ambulance for the journey to hospital and team members prepared to drive home. By chance, also, three CRO members were caving in the area and staying at Penwyllt for the weekend. They assisted in the rescue,

[\*Associate members are cavers and/or cave divers who, although not participating in most team activities that operational or support members do, are members of the caving community with specific skills or knowledge who train twice a year and make themselves available for major caving incidents.]

rigging climbs, carrying equipment and running communications for the first 18 hours (see pages

### Nov. 14th Sun. 11.20 - Below Attermire Scar. Settle - Alert only A walker found a fully-laden rucksack

leaning against a wall corner below Attermire Scar. He shouted around for about 20 minutes and, with no response, asked for advice. Having then identified the owner as Dutch, he was advised to close the sack and leave it. A while later, the duty controller asked a group of walkers who would be going past to let him know whether it was still there. (This saved anyone from going specially.) They reported that it had gone and, some time later again, reported that they had spoken to the owner (complete with rucksack) in Settle and that all was well.

#### 85. Nov. 21st Sun. 14.22 - Whernside

CRO were called to assist a walker (f. 57) who had fallen while descending from the summit of Whernside. She was reported to have twisted her knee and banged her head as a result of her fall and was being assisted down the hill by two passing walkers. When CRO arrived at the road-head they discovered that the injured walker and her companions had reached Broadrake Farm and were being taken by private car to their own vehicle at Ribblehead.

### 86. Nov. 22nd Mon. 18.56 - Above Crummack, Ingleborouh

A solo Three Peaks walker (m. 35) straved from his intended path off Ingleborough and became benighted. CRO's duty controllers were able to contact him on his mobile phone, being given a good description of his probable location. He said he had left his torch in his car and could not see where he was going. His response to PhoneFind clarified his location as the Pennine Bridleway above Crummack Farm and a team Land Rover returned the somewhat relieved walker to his car in Horton.

### 87. Nov. 28th Sun. 22.58 - Field opposite Taitlands (former Youth Hostel), Stainforth.

YAS asked for CRO's assistance following an accident where someone (f, 51),

sledging down a slope, collided with a wall, sustaining a serious ankle injury. When team members arrived, the YAS paramedics had just helped the patient into the road ambulance and were treating her injury. Members and local helpers stood down.

18-19).

### **DECEMBER**

Dec. 11th Sat. Nov. 14th Sun. 20.11 - Sell Gill Holes, Horton in Ribblesdale - Alert only

Four cavers (all m, early twenties) were reported overdue on a trip into Sell Gill Holes. Team members were put on stand-by while the duty controller made enquiries, but the reporting person soon told him that two of the party were out of the hole, the other two were de-rigging the route out and all were safe. It seems that the group's exit was delayed when rising water levels necessitated re-rigging pitches

# 88. Dec. 23rd Thu. 15.43 - Near Thornton Force, Ingleton Waterfalls Trail

A visitor (m, 20) to the Ingleton Waterfalls Trail was reported to be 'struggling with fatigue and now feeling unwell', having been walking for two and a half hours, from Ingleton. Once the duty controller had confirmed that the party was above Thornton Force, team members went down from the green lane to the casualty site. After being assessed, the casualty was walked gently up to the team Land Rovers then driven down to Ingleborough Community Centre. Here, the driver of the Stagecoach service bus, very obligingly, agreed to delay his departure so that the group could take the first leg of their journey home.

Footnote: On his way down to Ingleton, the patient admitted that he had had nothing to eat all day.

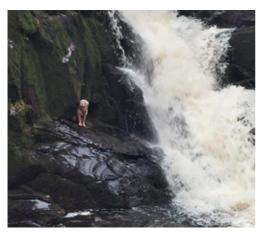
# 89. Dec. 26th Sun. 13.26 Near Pecca Bridge, Ingleton Waterfalls Trail

While taking his human for a Boxing Day walk on the Ingleton Waterfalls Trail, Meatball, an Irish Wheaten Terrier, fell about 10m into the river just upstream of Pecca Bridge. Although uninjured, he could not regain the path, so scrambled out onto a slippery, sloping ledge in a distressed state. His owner called NYP for assistance and they, in turn, called CRO. Once the location was confirmed, two members of CRO's swift-water team went in the river, secured by other members on the bank. They were able to rescue the dog and restore him to his owner, apparently unharmed.

Footnote: In July 2019, another dog, Neo, was less fortunate than Meatball, falling in and becoming trapped under water. His body was not recovered until the water level subsided on the third day. Unless your dog is stronger or heavier than you, it might be a good idea to keep him or her on a lead through the gorge sections of the Trail.

#### 90. Dec. 31st Fri. 20.11 - Great Whernside

A walker reported himself stranded in high winds on 'Whernside'. While two members set off on a run to the summit of Whernside, the duty controller used PhoneFind, discovering that the walker was, in fact, on Great Whernside, near Kettlewell and not on the second of the Three Peaks, within CRO's operational area. The incident was handed over to UWFRA, who brought the situation to a successful conclusion.





### Staying safe (continued from page 2)

If the worst does happen and you need to call for help, make sure you need what to do:

- Make a note of your location, the age and gender of the casualty, the nature of the injuries or emergency, the number of people in your group and your mobile phone number
- Dial 999 or 112 and ask for Police and then Mountain Rescue and be prepared to give the details of the incident – be sure to include a description of where you are, with placenames and, ideally, a national grid reference from your map or from OS Locate

   a free app from Ordnance Survey
- Do not change your location unless instructed to do so by the rescue team, or it becomes unsafe to remain where you are. If you do have to move, make sure the rescue team knows where you are going.

There are lots of sources of advice out there but a great place to start would be either the Mountain Rescue England and Wales or Adventure Smart UK websites. Alternatively, seek out a local club of like-minded people or a guide that can help you achieve your goals.



Group from Manchester poses with CRO members at The Fourth Peak, Ribblehead.

In addition to the 'Ribblehead Saturday mornings', we intend to welcome interested visitors to our Base at Clapham on a few Saturday mornings over the summer. Check on Facebook, nearer the time, to see whether we'll be 'at home' when you visit.

### Continuing on the safety theme . . .

Over the summer of 2021, several CRO members spent Saturday mornings at Ribblehead, engaging with walkers and other passers-by who were willing to stop and chat for a few minutes. Although the original idea was to raise money, it soon became apparent that, with one remarkably generous exception, this was a better opportunity for promoting safety messages and raising awareness of what CRO and other voluntary mountain and cave rescue teams do to help country-goers stay safe (or even alive). CRO's lesser-known charitable object is 'to support safety procedures' in outdoor activities and, to this end, the 'Ribblehead Saturdays' are being developed further in 2022. Not only will the members be supported with advisory banners and a helpful flyer for people to keep with their emergency kit, but, at the time of writing, a series of brief safety videos is in preparation. These will be posted at www.cro.org.uk/safety, on social media and on other appropriate websites.



This is a collaboration between CRO, MOSAIC Outdoors (www.mosaic-outdoors. org – 'Connecting BAME Communities with the Outdoors') and UWFRA, our neighbours over at Grassington. Although initially aimed at people from BAME communities, the videos are relevant to everyone who is beginning their venture into the outdoors. In addition to the teams' own resources, the project is being funded by the North Yorkshire Police, Fire and Crime Commissioner's Community Fund and Local Giving (www.localgiving.org), plus equipment donated by Flowstore Systems (www.flowstore.co.uk).

### Safety advice from Crow

Crow is the team's mascot as well as our radio call-sign. You'll find him (and his friend Crowena) on the web at www.cro.org.uk/safety



Here you can download

his cartoons, colouring sheet and children's quizzes as well as our 'Calling for help' card. For a bulk supply of either the A4 cartoon sheets or handy (fold to bank card size) 'Calling for help' prompt cards, please email <a href="mailto:goingout@cro.org.uk">goingout@cro.org.uk</a> with your request (subject to postage costs.)

#### **Training**

Casualty care and training for it are, inevitably, 'up close and personal'. 'Social distancing' and mask-wearing to inhibit the spread of 'the virus' in recent times has changed the way in which the training is done and when it is done. Thanks to the imagination and use of remote learning used by the excellent medical team shared by UWFRA and CRO (Also known for delivering thousands of vaccinations around Craven over the past year.) the training continued with requalification in November, rather than January.

Although members of our swift-water rescue team feature on the front cover while training at the Ingleton Waterfalls, we couldn't resist a couple of snaps from another of their training sessions, this time near Glasgow.

### **Fundraising**

Although we are all volunteers and give our time free of charge, it still costs between £40,000 and £50,000 each year, just to ensure vehicles and equipment are maintained and ready for us to respond. As a charity we are funded through donations to the team but this last year has also seen us able to get out and do some fundraising of our own at local events. These are special moments for us. as they give us an opportunity to catch up with people that we have met along the way. If you are interested in raising money for the team, there are many ways that you can. You might fancy doing a sponsored walk and asking people to donate through LocalGiving (see QR code) or, best of all, come and enjoy taking part in our annual Ingleborough Challenge, described on page 34. You can even make a difference if you shop on-line by signing up to Amazon Smile and selecting us as your chosen charity. Amazon will donate 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to the Cave Rescue Organisation. We are extremely grateful to everyone who has chosen to support us and no matter the size of the donation you can be assured that it will be put to good use and really will make a difference.



# Mountain Rescue Search Dogs (England)

In England and Wales, anyone wishing to begin to train, qualify and run a search dog, must first be an operational member of a recognised search and rescue team. Training and assessment are very thorough and cannot even begin until the young dog has demonstrated, unequivocally, that it takes no notice of sheep.

One CRO member works with his search dog, training every week over a mix of terrain, thanks to the agreement of a number of local farmers and the support (by getting 'lost'!) of a number of 'dogs' bodies'.

Kez (right) and her handler were called to 8 incidents outside the CRO core area in 2021.

For more information on mountain rescue search dogs visit

www.mountainrescuesearchdogsengland.org.uk



### Call-outs 2021

### 14th February (13.02) – UWFRA – Grassington Moor, Grassington, North Yorkshire

Search for missing motorcyclist (m) with previous mental health issues. Found near Grimwith Reservoir as handler arrived at R.V. point.

### 19th May (07.00) – S&RMRT – Pickering, North Yorkshire

Search arable land, ditches, hedges and woodland for misper (m, 52) missing since the previous evening. Turned up outside the search area the following day, unharmed. (See main team incident no 19.)

### 21st May (15.00) – UWFRA – Nidd Gorge, Knaresborough, North Yorkshire

Search wooded areas adjacent to the old railway near Bilton for high-risk MFH (m). Found walking outside search area by NYP.

### 23rd May (16.00) - Bolton MRT - Nr Entwistle Reservoir, Darwen, Lancashire

Search reservoir edge and dense woodland overnight for local person (m, 78) who failed to return home. Found deceased by Lancashire Police, the following day.

### 5th July (12.44) - Cleveland MRT - Yarm, Cleveland

Search along the River Tees for vulnerable MFH (f, 38). Found by Cleveland Police, unharmed.

### 6th July (22.05) - BPMRT - Withnell, Lancashire

Search open and wooded areas and a steep gulley for a resident (f, 12) 'missing' from a special residential school. Found, within the building, by school staff, after two previous searches.

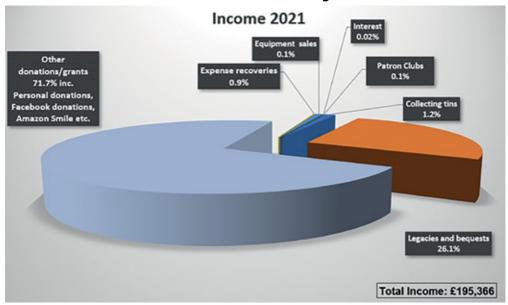
### 19th, 20th and 23rd October – UWFRA – Kettlewell, North Yorkshire

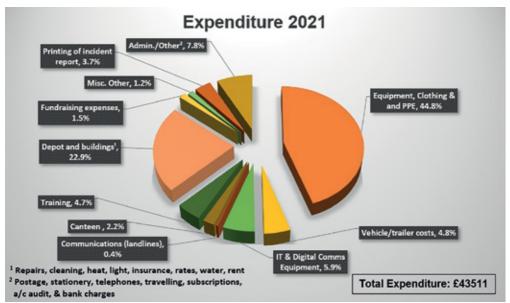
Search areas all round Great Whernside (Wharfedale, heads of Nidderdale and Coverdale) for walker (m, 74) last seen on morning of 18th October. Found deceased by game keeper, outside search area on 25th.

### 27th December (06.30) - Wasdale MRT - Scafell area, Cumbria

Planned to search from Burnmoor Tarn to Lingmell Gill for walker (m, 67) overdue from walk in Scafell area (planned route unknown) the previous day. Found, as handler arrived at R.V. by Duddon & Furness MRT walking down the upper Esk valley, unharmed after a cold night on the hill.

### **Financial Summary 2021**





This is a summary of CRO's income and expenditure for the year ending 31st October 2021. In the previous year, the accounts had shown a deficit of about £4,000 but, thanks to some remarkably generous donations/legacies, this year's income was the best ever, by a very long way. Because a major project is in hand, it is known already that expenditure will more than double during the coming year. The Organisation's annual report and accounts may be read, in full, on the Charity Commission website at <a href="https://www.gov.uk/government/organisations/charity-commission">www.gov.uk/government/organisations/charity-commission</a>. Click on 'Search for a charity', then type 'Cave Rescue Organisation'.

# **CRO Ingleborough Challenge**

As a charity, the Cave Rescue Organisation relies on donations from the public for funding to cover the team's operating costs. Those costs are currently around £45,000 per year, assuming no major, unexpected expenses crop up. The fundraising required to raise this amount is a huge task for team members. Not only do they give up their time freely for rescues and training, but they also volunteer to shake collecting tins, help at community events, give talks, collect litter at the Ingleton Waterfalls Trail, or carry out other tasks, all in aid of fundraising for the organisation.

In the past, on some occasions, fundraising had to take a priority over team training. As a result, thirteen years ago a small group of team members came up with the idea of the CRO Ingleborough Challenge. The Challenge enables the team to concentrate on one event on one day of the year with the aim to raise as much money as possible. This provides a significant infusion of funds and reduces the fundraising burden on members for the rest of the year.

The Challenge has developed since the it was first held in 2009. Originally there was one route, whereas today there are two: a 12-mile route and a marathon route. Participants can choose to run or walk either route. The routes cover some seldom used footpaths in the area and encounter some stunning scenery - something often commented on by previous challengers.

As a result of Covid the Challenge has been cancelled for the past 2 years along with most of the team's other fundraising, so every effort is being made to ensure this year's Challenge is bigger and better than ever. The 2022 event will be on the 21st May 2022. All the details are at <a href="https://cro.org.uk/the-cro-challenge">https://cro.org.uk/the-cro-challenge</a> has all the details and allows you to register. As always, we look forward to welcoming back old friends and regular supporters, but new Challengers are also very welcome. We look forward to seeing you there!

Once again, we would like to thank our commercial sponsors for their support for the 2022 event who are:

# J.R Hopper & Co Oglethorpe Sturton & Gillibrand



Please mark your calendars for next year's event:
the 2023
CRO Ingleborough
Challenge
will be held on
20th May 2023!



### **Cave and Mountain Rescue** in the Yorkshire Dales, North Lancashire and SE Cumbria



### Incidents 2021 Numbers in brackets indicate fatalities

Incidents Cave

Cave	-
Mountain	68
walking	58 (1)
climbing	4 (1)
cycling	2
running	2
motor-cycling	1
paragliding	1
Animal	10
Local incidents	8 (2)
Main team total	90 (4)
CRO handler/dog	
assisting other team	s 8
TOTAL	98
People involved	106
Sheep/lambs	10
Dogs	1

Stand-by/Alert calls

10

MAIN CAUSES OF INCIDENTS Cave incidents Falls/slips - cave 1 - show cave 1 Overdue 1 Climbers stranded 1
Mountain incidents Falls / slips - walking 29 (1) - climbing 3 (1) - cycling 2 - fell-running 2 Benighted/lost/overdue 15 Medical event 5 Heat exhaustion / stroke 4 Hit head or hit by rock 1 Injured by cattle 1 Fatigue 1 Crag-fast/stranded 1 Stranded by high winds 1 M/cycle collided with wall 1 Paraglider landed badly 1
Local incidents Assist Police - Recover deceased 2 (2) - Search for MFH 1 Assist Ambulance - Road traffic collision 2 - Collapsed (drunk) 1 - Wall fell on worker 1 - Sledging 1

Since 1935, CRO has	
attended 3,208 incide	nts
Cave	754
Cave (assisted by diver	s) 10
Cave diving	17
Disused mines	17
Other underground	1
Mountain	1538
Climbing	114
Open water diving	11
Animal - surface	172
<ul> <li>underground</li> </ul>	330
CRO / MRSDE dogs ar	ıd
handlers searching in	
other teams' areas	227
Local/urban/tarmac	
Incidents	119
'Stand-by' calls are not	:
counted.	

This has involved 4,627 people (aged 5 months to 87 years), 508 sheep/lambs, 87 dogs, 13 calves, 9 cows, 1 bullock, 1 Highland heifer, 1 cat and 1 rabbit plus a wide variety of objects.

Summary of Statistics						
Year	2021	2020	2019	2018	2017	2016
Total incidents attended	98(4)	100(3)	109(7)	74(2)	98(4)	103(3)
Cave	4	6(1)	5	10(1)	6	10(1)
Cave Diving	0	1(1)	0	0	0	0
Mountain	64(1)	67(1)	81(6)	53(2)	65 (3)	73(2)
Climbing	4(1)	0	3	2	3	5
Animal	10	8	7	8	11	7
Local/urban/tarmac incidents	8(2)	5	3	2	2	8
CRO handlers + dogs						
assisting in other teams' areas	8	13	7	4	7	4

There were no 'Disused Mines', 'Cave, assisted by divers', or 'Open Water Diving' incidents in this six-year period.



# Run or Walk

Marathon & 12 Mile Trail Saturday 20th May 2023 Saturday 21st May 2022







OGLETHORPE STURTON & GILLIBRAND

SOLICITORS